

SONY®

# User guide

Open-ear Bluetooth® Stereo  
Headset  
SBH82D

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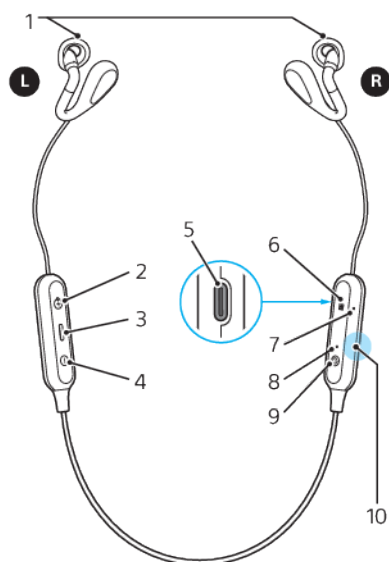
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# Introduction

## Function overview


Your Open-ear Bluetooth® Stereo Headset SBH82D keeps you connected with your surroundings while listening to music wirelessly with Bluetooth. You can also handle calls hands-free and use the voice assistant when paired with a compatible Android™ or iOS device.

## Hardware overview



1	Headphone	The headphone comes with size S, M and L ring supporters.
2	Volume key +	Press to increase the volume.
3	Multi-function key ▶    ◀	Short press to: <ul style="list-style-type: none"><li>• Answer or end a call.</li><li>• Play or pause the current music track.</li><li>• Attempt to reconnect (for Bluetooth connection only).</li></ul> Long press for 1 second to: <ul style="list-style-type: none"><li>• Reject incoming calls.</li><li>• Mute or unmute the microphone during a call.</li><li>• Activate the voice assistant.</li></ul> Quickly press twice to: <ul style="list-style-type: none"><li>• Switch between calls (for Bluetooth connection only).</li><li>• Skip to the next music track.</li></ul> Quickly press three times to: <ul style="list-style-type: none"><li>• Skip to the previous music track.</li></ul>
4	Volume key -	Press to decrease the volume.
5	Charger/USB port	Insert a USB Type-C cable to charge the battery.
6	N-mark	Touch other devices to this area to use NFC.
7	Microphone	Make phone calls or use the voice assistant.
8	LED indicator	The LED colour indicates the battery level: <ul style="list-style-type: none"><li>• Green: 80% or more.</li><li>• Orange: 15% - 80%.</li><li>• Red: Less than 15%.</li><li>• No light: Charging complete.</li></ul> The LED flash frequency indicates status:

- Flashes slowly three times when you press the power key to check the battery level.
- Repeatedly flashes twice in blue when in pairing mode.
- Repeatedly flashes four times in green during incoming calls.

9 Power key 

Short press to:

- Check the battery level.

Long press for 2 second to:

- Power on and attempt to connect.
- Power off.

Long press for 7 seconds to:

- Power on and enter pairing mode.

Long press for 10 seconds to:

- Perform a hardware reset of your headset.

10 Bluetooth  
Antenna

# Getting started

## Charging

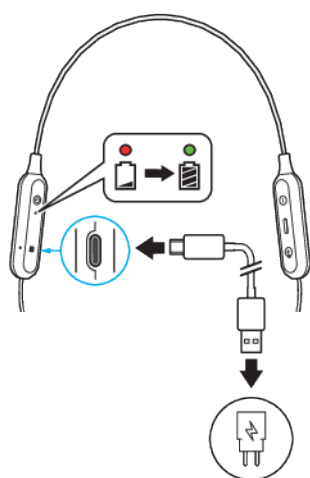
Before using your headset for the first time, it is recommended to charge it with a Sony charger. The LED indicator turns green when the battery level is 80% or more and turns off when charging is complete.

A drained headset needs to charge for up to 2 hours to be fully charged. Battery life is approximately 7.5 hours while listening to music if the temperature is 25 °C (77 °F).

### Note

Your headset has a capless USB port. The USB port must be completely dry before a cable can be connected for charging.

### To charge your headset



- 1 Connect one end of the charging cable to the charger or the USB port of a computer.
- 2 Connect the other end of the cable to the USB port on your headset.

### Hint

For the recommended charger, see <https://www.sonymobile.com/products/accessories/>.

## Turning on and off

### To turn on your headset

- Long press the power key  $\text{⏻}$  for 2 second. The LED indicator flashes twice in green.

### To turn off your headset

- Long press the power key  $\text{⏻}$  for 2 second. The LED indicator flashes once in green.

### Hint

If your headset is left idle for 10 minutes, it turns off automatically.

## Pairing your headset with an Android or iOS device

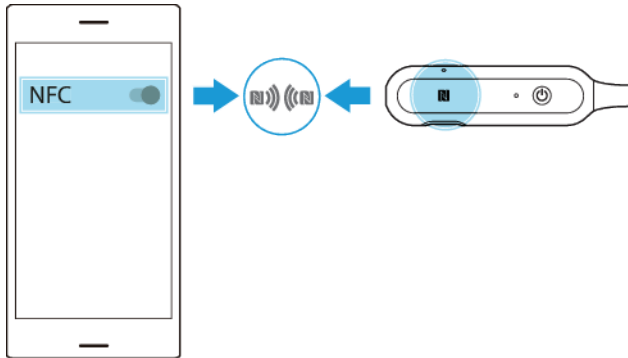
To pair your headset with an Android device, you can use either One-touch connection (NFC) or Bluetooth. To pair your headset with an iOS device, use Bluetooth.

After you pair your headset with an Android or iOS device, the information is saved. Your headset can save up to eight paired devices.

**Note**

If a cable is connected to the USB port to charge, you cannot pair your headset using Bluetooth.

**To pair with an Android device using One-touch connection (NFC)**



- 1 Make sure that your headset is fully charged.
- 2 On the Android device, make sure that NFC is turned on and the screen is unlocked.
- 3 Touch the N-mark of your headset against the NFC detection area of the Android device.
- 4 Follow the on-screen instructions on the Android device to complete the pairing.

**To pair your headset with an Android or iOS device using Bluetooth**

- 1 Make sure that your headset is fully charged and turned off.
- 2 On the Android or iOS device, make sure that Bluetooth is turned on.
- 3 Long press the power key for approximately 7 seconds.
- 4 Scan for available Bluetooth devices on the Android or iOS device, then select SBH82D.

**Hint**

The headset automatically enters pairing mode when it's powered on for the first time.

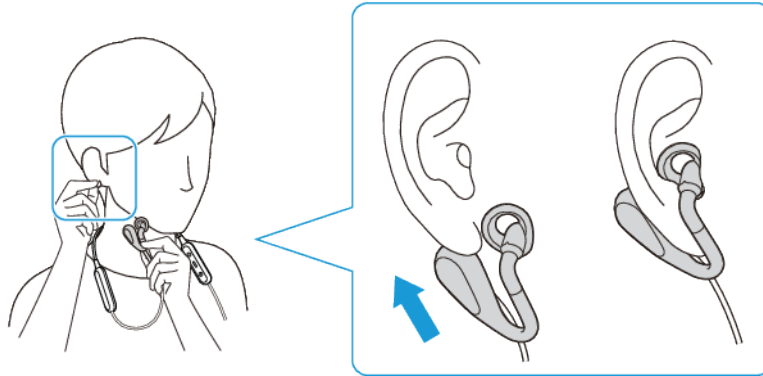
## Wearing instruction

To wear the headphones for the first time, follow these steps.

**Note**

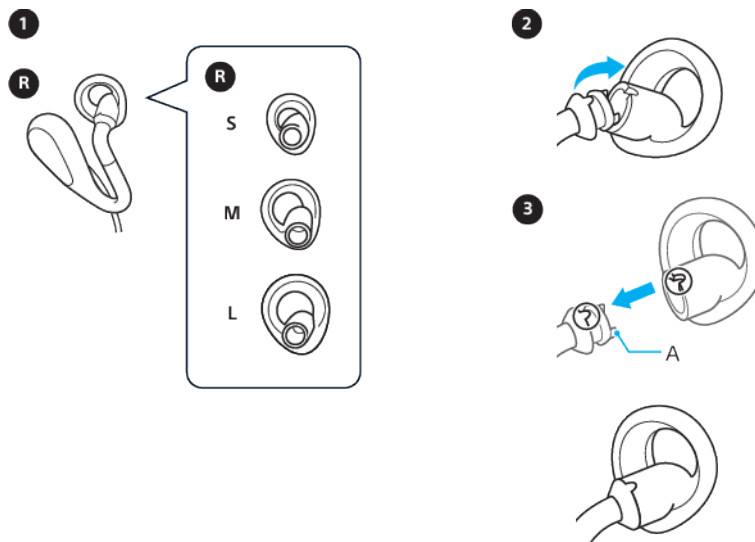
Check relevant laws and regulations on the use of mobile phones, transmitting devices and earphones before using this device while operating a vehicle or riding a bicycle. Always give your full attention to operating your vehicle or bicycle and the surroundings.

## To wear the headset



- 1 Hold the headphone (R) with your left hand.
- 2 Gently pull down your right earlobe with your right hand.
- 3 Slide the headphone from below your ear, then insert the ring supporter into your ear as shown in the illustration.
- 4 Put on headphone (L) using the same procedure with opposite hands.

## To change the ring supporter



- 1 Choose the ring supporter size that fits stably and comfortably in your ear.
- 2 To remove the ring supporter, hold the headphone tightly and push the ring supporter straight backward.
- 3 To attach the ring supporter, align the convex part of the headphone with the concave part of the ring supporter.
- 4 When attaching, cover the hook A with the rubber of the ring supporter as shown in the illustration. Make sure not to tear the ring supporter.

### Note

When removing or attaching the ring supporter, do not forcibly pull, push, or twist the ring supporter, as this can damage or tear the ring supporter. When attaching, make sure the right/left marks on the ring supporters match the marks on the headphones.

## Adjusting the volume

### To change the volume

- During a call or when listening to music, press the volume key + or - to increase or decrease the volume.

**Note**

Avoid using your headset on high volume, as this may cause permanent hearing damage or disturb others around you.



# Using your headset

## Using your headset for phone calls

### Warning

For your safety, do not use your headset to handle calls while you are driving. To prevent accidents, it is not recommended to use your headset while walking, running or cycling.

For these functions to work, you must use an Android or iOS device that supports the relevant functions, for example, call handling.

### To answer a call

- When you hear an incoming call signal, short press the multi-function key ►|| ↶.

### To end a call

- During an ongoing call, short press the multi-function key ►|| ↶.

### To reject a call

- When you hear an incoming call signal, long press the multi-function key ►|| ↶ for 1 second.

### To answer a second call

- When you hear an incoming call signal during an ongoing call, short press the multi-function key ►|| ↶ to answer the second call. The ongoing call is put on hold.

### To reject a second call

- When you hear an incoming call signal during an ongoing call, long press the multi-function key ►|| ↶ for 1 second to reject the second call.

### To switch between ongoing calls

- Quickly press the multi-function key ►|| ↶ twice. The other call is put on hold.

### To mute the microphone during a call

- Long press the multi-function key ►|| ↶ for 1 second. You will hear beeps. To unmute the microphone, long press the key again for 1 second until you hear beeps.

## Using your headset to listen to music

When your headset is connected to an Android or iOS device, you can play audio content such as music from the Android or iOS device using your headset. Open the relevant application on the Android or iOS device to start listening to audio content.

### To pause or skip music tracks

- 1 When listening to music, short press the multi-function key ►|| ↶ to pause the track. Short press again to resume.
- 2 Quickly press the multi-function key ►|| ↶ twice to skip to the next track.
- 3 Quickly press the multi-function key ►|| ↶ three times to go back to the previous track.

## Using the voice assistant function

### To start the voice assistant

- Long press the multi-function key ►|| ↶ for 1 second to talk to the voice assistant.

#### Note

For these functions to work, you must use an Android or iOS device that supports the relevant functions. Follow the on-screen instructions on the Android or iOS device.

## Using Multipoint mode

You can use Multipoint mode to pair your headset with two compatible Android or iOS devices at the same time. This lets you receive calls from both paired devices without having to disconnect and reconnect.

In Singlepoint mode, your headset pairs with only one Android or iOS device. Singlepoint mode is enabled by default. If you want to stay in Singlepoint mode but change to a new Android or iOS device, disconnect your headset from the first device then pair it with the new device.

#### Note

The voice assistant feature is not available in Multipoint mode.

### To activate Multipoint mode

- 1 Turn off your headset.
- 2 Long press the volume key + and the power key ⏻ until the LED indicator flashes quickly twice in green, then flashes slowly twice in green to indicate that Multipoint mode is turned on.
- 3 When the LED indicator flashes in blue, pair your headset with an Android or iOS device.

#### Hint

See *Pairing your headset with an Android or iOS device* on page 5 for details on how to pair.

### To activate Singlepoint mode

- 1 Turn off your headset.
- 2 Long press the volume key - and the power key ⏻ until the LED indicator flashes quickly twice in green, then flashes slowly once in green to indicate that Singlepoint mode is turned on.

#### Note

When you turn off Multipoint mode, your headset remains paired with the most recently paired device.

## Resetting your headset

You can perform a hardware reset or a factory reset on your headset.



Perform a hardware reset if your headset stops responding. When performing a hardware reset, information about paired devices is not lost. Perform a factory reset if your headset behaves unexpectedly. Factory reset restores your headset to its original settings and information about paired devices is lost.

### To perform a hardware reset on your headset

- Long press the power key ⏻ for 10 seconds.

### To perform a factory reset on your headset

- 1 Turn off your headset.

- 2 Long press the power key  and the multi-function key  at the same time for 1 second. The LED indicator flashes four times in green, then repeatedly flashes twice in blue to indicate that it is in pairing mode.

# Legal information

## General

Prior to use, please read the Important information leaflet separately provided.

This User guide is published by Sony Mobile Communications Inc. or its local affiliated company, without any warranty. Improvements and changes to this User guide necessitated by typographical errors, inaccuracies of current information, or improvements to programs and/or equipment, may be made by Sony Mobile Communications Inc. at any time and without notice. Such changes will, however, be incorporated into new editions of this User guide.

Some functions described in this User guide may not be available for all regions.

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Visit [www.sonymobile.com](http://www.sonymobile.com) for more information.

All illustrations are for illustration only and may not accurately depict the actual accessory.

## Declaration of Conformity for SBH82D



Hereby, Sony Mobile declares that the radio equipment type RD-0250 is in compliance with Directive; 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: <https://www.compliance.sony.de/>

С настоящото Sony Mobile декларира, че радиосъоръжение тип RD-0250 е в съответствие с Директива; 2014/53/ЕС. Цялостният текст на ЕС декларацията за съответствие може да се намери на следния интернет адрес: <https://www.compliance.sony.de/>

Sony Mobile ovime izjavljuje da je radijska oprema tipa RD-0250 u skladu s Direktivom; 2014/53/EU. Cjeloviti tekst EU izjave o sukladnosti dostupan je na sljedećoj internetskoj adresi: <https://www.compliance.sony.de/>

Sony Mobile tímto prohlašuje, že radiové zařízení typ RD-0250 je v souladu se směrnicí; 2014/53/EU. Úplné znění EU prohlášení o shodě je k dispozici na této internetové adrese: <https://www.compliance.sony.de/>

Hermed erklærer Sony Mobile, at radioudstyrstypen RD-0250 er i overensstemmelse med direktiv; 2014/53/EU. EU-overensstemmelseserklæringens fulde tekst kan findes på følgende internetadresse: <https://www.compliance.sony.de/>

Hierbij verklaart Sony Mobile dat het type radioapparatuur RD-0250 conform is met Richtlijn; 2014/53/EU. De volledige tekst van de EU-conformiteitsverklaring kan worden geraadpleegd op het volgende internetadres: <https://www.compliance.sony.de/>

Käesolevaga deklareerib Sony Mobile, et käesolev raadioseadme tüüp RD-0250 vastab direktiivi; 2014/53/EL nõuetele. ELi vastavusdeklaratsiooni täielik tekst on kättesaadav järgmisel internetiaadressil: <https://www.compliance.sony.de/>

Sony Mobile vakuuttaa, että radiolaitetyypin RD-0250 on direktiivin; 2014/53/EU mukainen. EU-vaatimustenmukaisuusvakuutuksen täysimittainen teksti on saatavilla seuraavassa internetosoitteessa: <https://www.compliance.sony.de/>

Le soussigné, Sony Mobile, déclare que l'équipement radioélectrique du type RD-0250 est conforme à la directive; 2014/53/UE. Le texte complet de la déclaration UE de conformité est disponible à l'adresse internet suivante: <https://www.compliance.sony.de/>

Hiermit erklärt Sony Mobile, dass der Funkanlagentyp RD-0250 der Richtlinie; 2014/53/EU entspricht. Der vollständige Text der EU-Konformitätserklärung ist unter der folgenden Internetadresse verfügbar: <https://www.compliance.sony.de/>

Με την παρούσα η Sony Mobile, δηλώνει ότι ο ραδιοεξοπλισμός RD-0250 πληροί τους όρους της οδηγίας; 2014/53/ΕΕ. Το πλήρες κείμενο της δήλωσης συμμόρφωσης ΕΕ διατίθεται στην ακόλουθη ιστοσελίδα στο διαδίκτυο: <https://www.compliance.sony.de/>

Sony Mobile igazolja, hogy a RD-0250 típusú rádióberendezés megfelel a; 2014/53/EU irányelvnek. Az EU-megfelelőségi nyilatkozat teljes szövege elérhető a következő internetes címen: <https://www.compliance.sony.de/>

Il fabbricante, Sony Mobile, dichiara che il tipo di apparecchiatura radio RD-0250 è conforme alla direttiva; 2014/53/UE. Il testo completo della dichiarazione di conformità UE è disponibile al seguente indirizzo Internet: <https://www.compliance.sony.de/>

Ar šo Sony Mobile deklarē, ka radioiekārta RD-0250 atbilst Direktīvai; 2014/53/ES. Pilns ES atbilstības deklarācijas teksts ir pieejams šādā interneta vietnē: <https://www.compliance.sony.de/>

Mes, Sony Mobile, patvirtiname, kad radijo įrenginių tipas RD-0250 atitinka Direktyvą; 2014/53/ES. Visas ES atitikties deklaracijos tekstas prieinamas šiuo interneto adresu: <https://www.compliance.sony.de/>

Il-Kumpanija Sony Mobile tiddikjara li t-tagħmir tar-radju tat tip RD-0250 huwa konformi mad-Direttiva; 2014/53/UE. It-test sħiħ tad-dikjarazzjoni ta' konformità tal-UE huwa disponibbli f'dan l-indirizz tal-Internet li ġej: <https://www.compliance.sony.de/>

Herved erklærer Sony Mobile at radioutstyr typen RD-0250 er i samsvar med direktiv; 2014/53/EU. EU-erklæring fulltekst finner du på Internett under: <https://www.compliance.sony.de/>

Sony Mobile niniejszym oświadcza, że typ urządzenia radiowego RD-0250 jest zgodny z dyrektywą; 2014/53/UE. Pełny tekst deklaracji zgodności UE jest dostępny pod następującym adresem internetowym: <https://www.compliance.sony.de/>

O(a) abaixo assinado(a) Sony Mobile declara que o presente tipo de equipamento de rádio RD-0250 está em conformidade com a Diretiva; 2014/53/UE. O texto integral da declaração de conformidade está disponível no seguinte endereço de Internet: <https://www.compliance.sony.de/>

Prin prezenta, Sony Mobile declară că tipul de echipament radio RD-0250 este în conformitate cu Directiva; 2014/53/UE. Textul integral al declarației UE de conformitate este disponibil la următoarea adresă internet: <https://www.compliance.sony.de/>

Sony Mobile potrjuje, da je tip radijske opreme RD-0250 skladen z Direktivo; 2014/53/EU. Celotno besedilo izjave EU o skladnosti je na voljo na naslednjem spletnem naslovu: <https://www.compliance.sony.de/>

Sony Mobile týmto vyhlasuje, že rádiové zariadenie typu RD-0250 je v súlade so smernicou; 2014/53/EÚ. Úplné EÚ vyhlásenie o zhode je k dispozícii na tejto internetovej adrese: <https://www.compliance.sony.de/>

Por la presente, Sony Mobile declara que el tipo de equipo radioeléctrico RD-0250 es conforme con la Directiva; 2014/53/UE. El texto completo de la declaración UE de conformidad está disponible en la dirección Internet siguiente: <https://www.compliance.sony.de/>

Härmed försäkrar Sony Mobile att denna typ av radioutrustning RD-0250 överensstämmer med direktiv; 2014/53/EU. Den fullständiga texten till EU-försäkran om överensstämmelse finns på följande webbadress: <https://www.compliance.sony.de/>

Bu belgeyle, Sony Mobile Communications Inc., RD-0250 tipi telsiz cihazının 2014/53/EU sayılı Direktife uygun olduğunu beyan etmektedir. AB Uygunluk beyanının tüm metnine şu internet adresinden ulaşılabilir: <https://www.compliance.sony.de/>

## FCC Statement

This device complies with Part 15 of the FCC rules.

Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Any change or modification not expressly approved by Sony may void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.